

Learning a New Normal: What Christians Can Do Now

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Chief Executive Officer



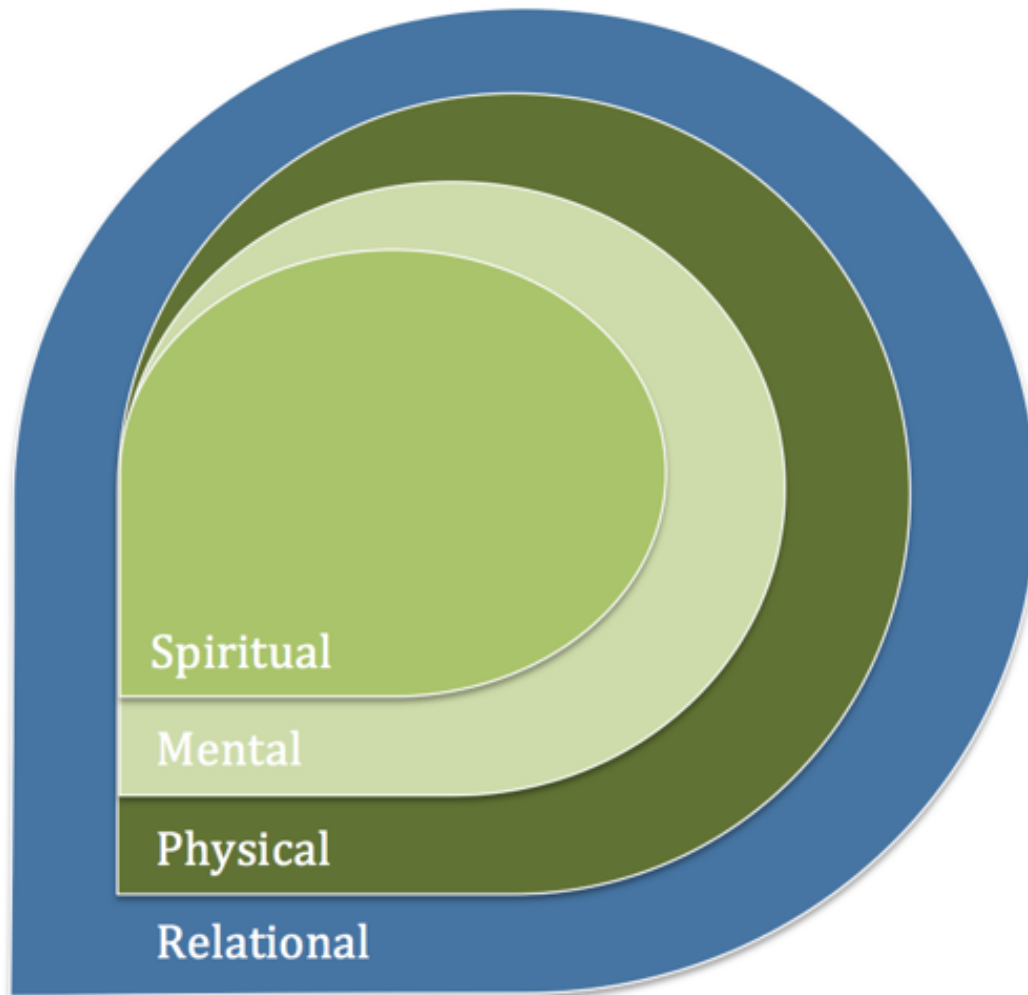
HHCI

Hope and Healing Center & Institute
Transforming Lives, Restoring Hope

COVID-19 Related Problems

- Sickness
- Unemployment
- Isolation
- Fear
- Financial Strain
- Physical Needs (e.g., food)
- Mental Health Problems
- Death
- Spiritual Confusion

A Holistic View of the Self



Mark 12:30-31

Love the Lord your God with all your heart (mental) and with all your soul (spiritual) and with all your mind (mental) and with all your strength (physical). ... Love your neighbor as yourself (relational).

Luke 2:52

And Jesus grew in wisdom (mental) and stature (physical), and in favor with God (spiritual) and man (relational).

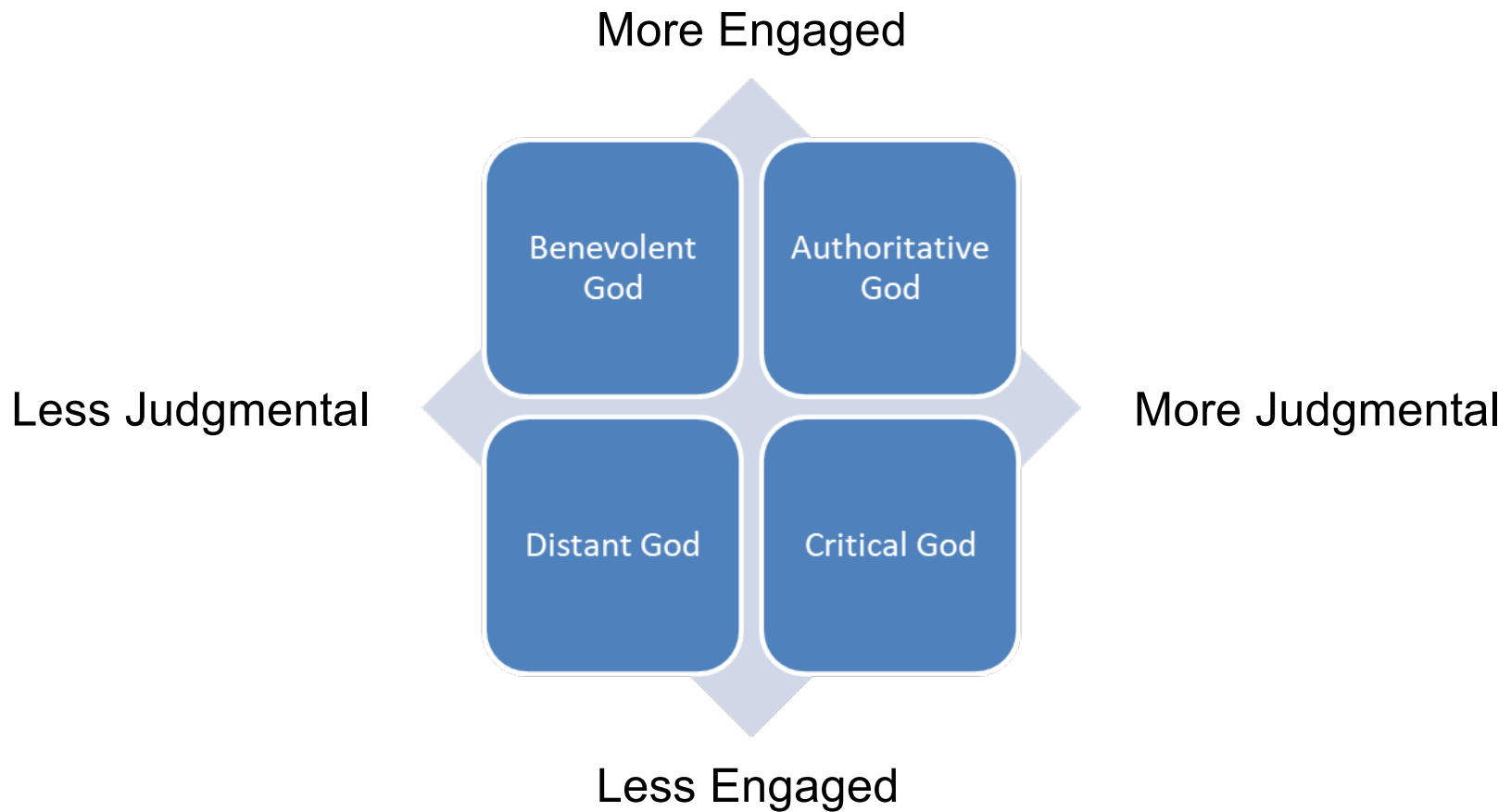
Physical Assistance

- Unemployment / Financial Strain – Benevolence Funds
- Isolation – Take Advantage of Technology
- Physical Needs – Food Pantry / Clothing Donations
- Death and Sickness – Provide Spiritual Comfort and Care
- Engage the Crisis – Make Masks, Set up a Testing Site

GOSPEL



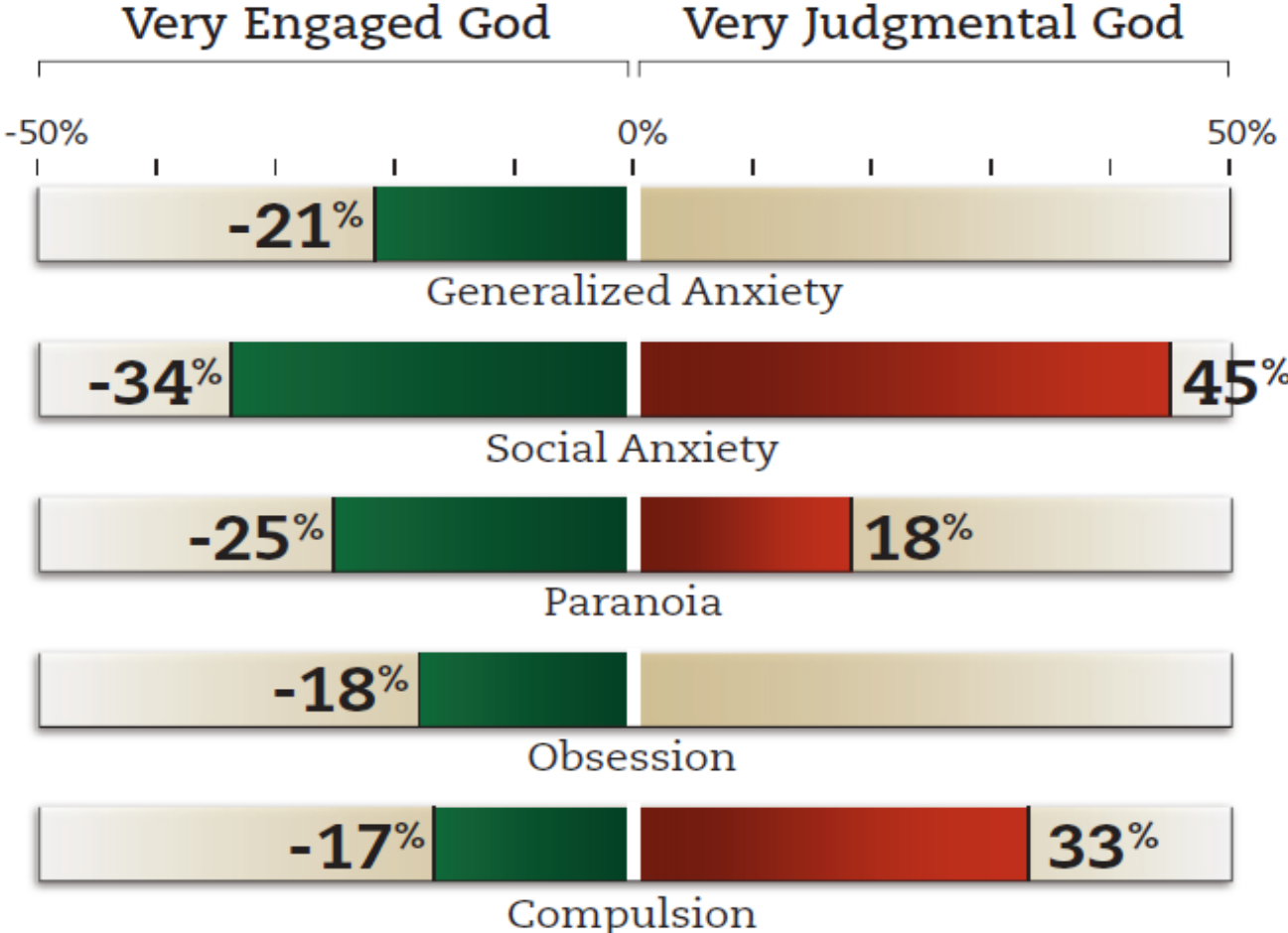
The Four Gods



The Four Gods

- The **Authoritarian God** is engaged in world affairs and angry at humanity's sins.
- The **Benevolent God** is engaged in world affairs but is less likely to judge; nonetheless he has given us absolute standards of right and wrong.
- The **Critical God** monitors world affairs with a judging eye but never intervenes—no miracles, no thunderbolts of judgment.
- The **Distant God** is essentially the aloof god of deism.

Percent Increase Or Decrease In Anxiety Disorders For Those Who Believe In A Very Judgmental Or A Very Engaged God



Religious Coping

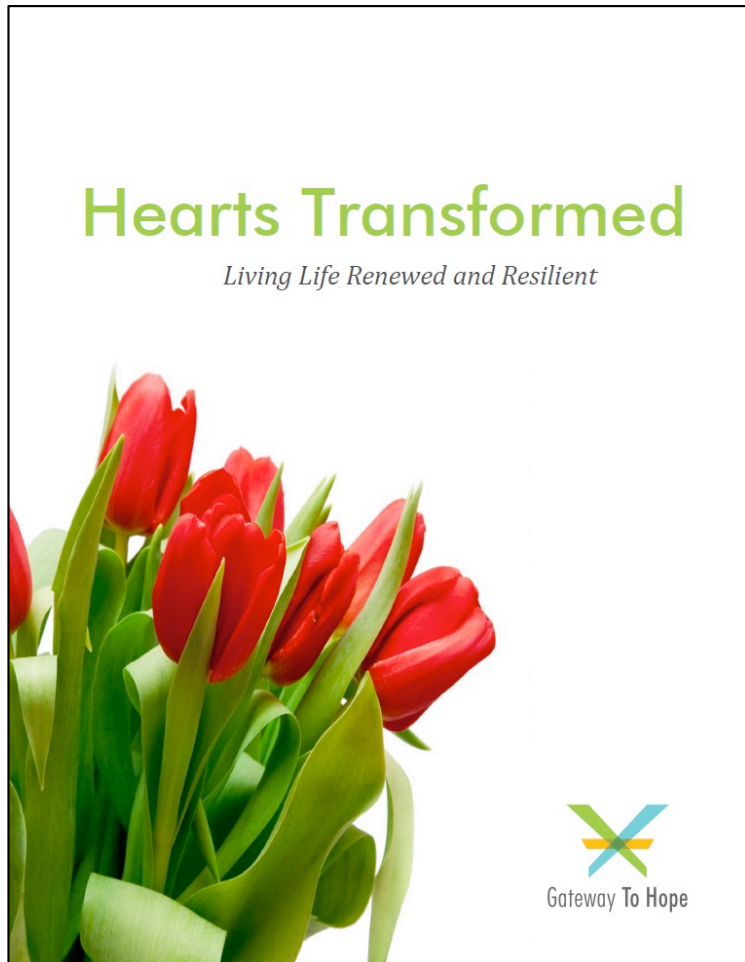
Positive religious coping subscale items

- Looked for a stronger connection with God
- Sought God's love and care
- Sought help from God in letting go of my anger
- Tried to put my plans into action together with God
- Tried to see how God might be trying to strengthen me in this situation
- Asked forgiveness for my sins
- Focused on religion to stop worrying about my problems

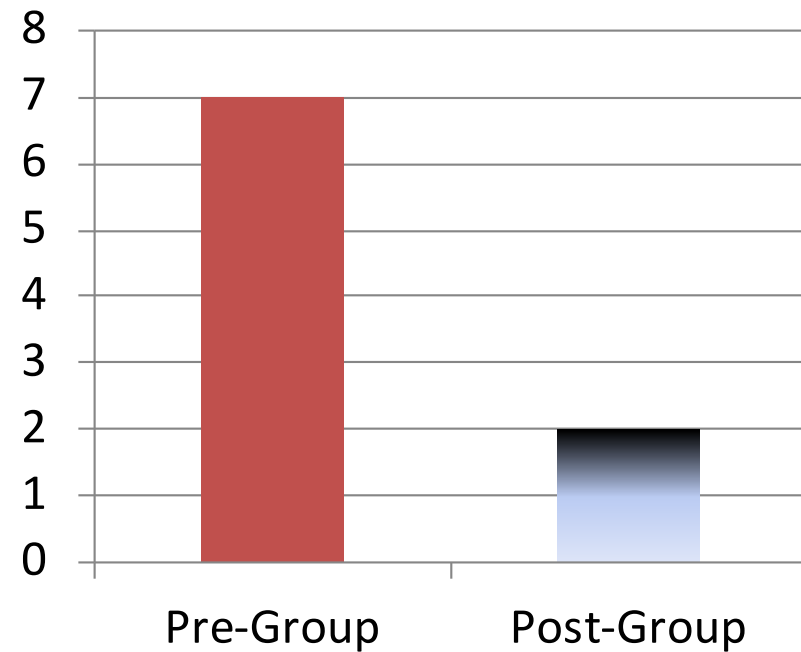
Negative religious coping subscale items

- Wondered whether God had abandoned me
- Felt punished by God for my lack of devotion
- Wondered what I did for God to punish me
- Questioned God's love for me
- Wondered whether my church had abandoned me
- Decided the devil made this happen
- Questioned the power of God

Hearts Transformed Group



PTSD Clinical Symptoms



Be a Source of Light and Truth

- **Coronavirus Conspiracy Theories**

- COVID-19 escaped from a Chinese lab
- COVID-19 is a biological weapon
- Bill Gates and George Soros are behind COVID-19
- 5G networks are accelerating the spread of COVID-19
- COVID-19 is a leftist hoax to bring down President Trump

- **Ministers of Reconciliation (2 Corinthians 5:18)**

- *Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength. ... Love your neighbor as yourself (Mark 12: 30-31).*
- *Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age (Matthew 28: 19-20).*



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