

Mental Health

101

Equipping faith communities to better serve those broken by mental health difficulties and disorders

DID YOU KNOW?

- ▷ **1 in 5 adults** in the United States is **struggling** with a **mental illness**.
- ▷ **60%** of **adults** and almost **50%** of **children/adolescents** receive **no mental health services**.
- ▷ There are **10 times** as many mentally ill persons **in our jails** and **prisons** as in state hospitals.
- ▷ **30%** of the **homeless struggle** with a mental illness; **5 times** the **normal rate**.

Individuals struggling with mental health problems are **more likely to go to a member of the clergy** before a physician or mental health care provider.

Do you feel equipped to serve those struggling with a mental illness?

**YOUR FAITH COMMUNITY CAN MAKE A DIFFERENCE;
LET US TEACH YOU THE 3Rs:**

LEARN HOW TO

RECOGNIZE the signs of mental illness
REFER those struggling to professional care
RESTORE lives through supportive community



This training is **FREE** and available to all faith communities

FOR MORE INFORMATION OR TO SCHEDULE TRAINING PLEASE CONTACT;

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