



# HHCI

Hope and Healing Center & Institute  
Transforming Lives, Restoring Hope



## 12 STEP AND SUPPORT GROUPS

MEETING	DAY	TIME	FREQUENCY	MEETING LOCATION
Couples in Recovery	Sun.	4:00 PM	Weekly	Community Room*
AA Meeting	Sun.	8:00 PM	Weekly	Community Room*
The Sage Group Al-Anon	Mon.	12:00 PM	Weekly	HHCI 104 - New Life Meeting Room
Men's AA	Mon.	12:00 PM	Weekly	HHCI 103 - Montieth Conference Room
Alzheimer's Caregivers Support Group	Mon.	3:00 PM	1st & 3 <sup>rd</sup> Monday	HHCI 104 - New Life Meeting Room
Living Grace Group	Mon.	6:30 PM	Weekly	HHCI 201 - Fondren Family Room
Gamblers Anonymous	Mon.	7:00 PM	Weekly	HHCI 103 - Montieth Conference Room
Gam-Anon	Mon.	7:00 PM	Weekly	HHCI 104 - New Life Meeting Room
CODA	Mon.	7:15 PM	Weekly	HHCI 204
Gamblers Anonymous	Tues.	12:00 PM	Weekly	HHCI 104 - New Life Meeting Room
Women's AA	Tues.	12:00 PM	Weekly	Community Room*
Men's AA	Tues.	12:00 PM	Weekly	HHCI 103 - Montieth Conference Room
Grief Support Group	Tues.	5:45 PM	2 <sup>nd</sup> and 4 <sup>th</sup> Tuesday	HHCI 206
"Depression/Bipolar Support Alliance (DBSA)-Caregivers Support Meeting"	Tues.	6:00 PM	Weekly	HHCI 104 - New Life Meeting Room
Co-Ed SLAA - Sex and Love Addicts Anonymous	Tues.	6:30 PM	Weekly	HHCI 204
Compassionate Friends Support Group	Tues.	7:00 PM	3 <sup>rd</sup> Tuesday	HHCI 103 - Montieth Conference Room
OA - HOW	Tues.	7:00 PM	Weekly	HHCI 203 - Hamill Classroom
Crohn's & Colitis Support Group	Tues.	7:30 PM	2nd Tuesday	HHCI 103 - Montieth Conference Room
Co - Ed AA Speaker Meeting	Wed.	12:00 PM	Weekly	HHCI Auditorium
COSA (Co-Sex Addicts)	Wed.	12:00 PM	Weekly	HHCI 104 - New Life Meeting Room
SAA- Sex Addicts Anonymous	Wed.	12:00 PM	Weekly	HHCI 103 - Montieth Conference Room
Rageaholics Anonymous	Wed.	12:00 PM	Weekly	HHCI 204
Living Hope Group	Wed.	6:45 PM	1/18-5/10	HHCI 201 - Fondren Family Room
Family Grace Group	Wed.	6:45 PM	Weekly	HHCI 103 - Montieth Conference Room
"Depression/Bipolar Support Alliance (DBSA)-Support Group"	Wed.	7:00 PM	Weekly	HHCI 104 - New Life Meeting Room
Parents of Adolescents in Recovery	Wed.	7:30 PM	Weekly	HHCI 204
Men's AA	Thurs.	12:00 PM	Weekly	AC Upper Hall*
HeartSync Support Group	Thurs.	6:30 PM	Weekly	HHCI 204
GRASP-Grief Support After a Substance Passing	Thurs.	7:00 PM	1st Thursday	HHCI 201 - Fondren Family Room
New Canaan Society	Fri.	6:30 AM	Weekly	HHCI 203 - Hamill Classroom
Men's AA Step Up Meeting	Fri.	12:00 PM	Weekly	HHCI 103 - Montieth Conference Room
Debtors Anonymous	Fri.	7:30 PM	Weekly	Community Room*
Young Adults AA	Sat.	8:00 PM	Weekly	Community Room*

\* Community Room and Upper Hall are located at St. Martin's Activity Center

\*\* Support Groups are subject to change. Please check website for current list.



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